

## Individual Desserts

|                                |           |  |
|--------------------------------|-----------|--|
|                                | <b>\$</b> |  |
| Apple Strudel w/ Vanilla Sauce | 6         |  |
| Feature Tart                   | 6         |  |
| Feature Cake                   | 6         |  |
| Assorted Cookie Plate          | 10        |  |
| Vegan Raspberry Cheesecake     | 12        |  |

## Full Size Desserts

|  |                    |  |
|--|--------------------|--|
| 6" Tart  | 14                 |  |
| <i>Peach, Plum, Chocolate Banana, Pecan Pie</i>  |                    |  |
| Apple Strudel  | Half 13 / Whole 23 |  |
| Black Forest Cake  | 23                 |  |
| Layered Mousse Cake  | 23                 |  |
| <i>Lemon Blueberry /Mango / Monte Verde, Chocolate &amp; Raspberry / Operetta/ Coconut</i> |                    |  |

*All desserts are made with gluten free ingredients apart from our Apple Strudel.*

## Beverages

### Sparkling Wine

Anno Domini, Prosecco *Italy* \$40

### White Wine

'18 Cave Spring Riesling ON \$30

'20 Lagasca Viognier Spain \$27

### Red Wine

'17 Rocky Gully Shiraz AU \$33

'17 L'Unico Chianti Italy \$37

'18 Rive Droite, Côtes du Rhone France \$33

### Organic Cans 473ml Style ABV

Coors Organic Light Lager 3.8% 5

Beau's Country Vibes Amber Ale 4.7% 5

Beau's Wag of the Wolf White I.P.A. 5.0% 5

Mill St. 100th Meridian Amber Lager 5.0% 5

Mill Street IPA NE IPA 5.8% 5

Mill Street Batch 1904 Dry Cider 5.0% 5

Queen Street 501 cider Semi-Sweet 5.0% 5

### Bull's Head Soda 4

Ginger Ale, Natural Cola, Blood Orange,

Root Beer, Ginger Beer, Tonic Water

### Booch Kombucha 6

Citrus Twist, Raspberry Lemonade,

Cinnamon Rose, Ginger, Blue Mermaid

Discover the world of

*Organic  
foods*

**FRANK'S**  
**ORGANIC GARDEN**  
RESTAURANT | MARKETPLACE

### Market Hours

Mon - Sat 10am-9pm

### Takeout Hours

Mon - Sat 11:30am-8:30pm

### Contact Us

(289) 857-8000

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15 First Commerce Dr., Unit 1  
Aurora, ON L4G 0G2

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## Organic Starters

|   |     |
|---|-----|
| <b>Fresh Bread</b>  | 5.5 |
| Choice of fresh baked sourdough or sprouted grain bread with a side of olive oil & balsamic                                       |     |
| V   |     |
| <b>Mushroom Bisque</b>  | 12  |
| cremini mushroom, coconut cream, truffle oil  |     |
| V, GF   |     |
| <b>Soup of the Day</b>  | 12  |
| <b>Charcuterie &amp; Cheese</b>   | 26  |
| Assortment of house smoked deli meats, local cheeses, accompaniments, sprouted grain bread  |     |
| <b>Tapas Trio</b>   | 16  |
| house-made focaccia, hummus, kalamata olive tapenade, pesto genovese substitute pesto for a green olive tapenade to be considered |     |
| V   |     |
| <b>Smoked Salmon</b>  | 20  |
| in house smoked and cured BC sockeye salmon, egg, red onion, dill, aioli, sprouted grain bread                                    |     |

## Organic Salads

|   |   |
|---|---|
| <b>Beet Carpaccio</b>   | 6 |
| lemon zest, shredded horseradish, chives, pumpkin seed oil & apple cider vinaigrette            |   |
| V, GF   |   |
| <b>Green Garden</b>   | 8 |
| arugula, romaine, watermelon radish, cucumber, shredded carrot, apple cider & dijon vinaigrette |   |
| V, GF   |   |
| <b>Caesar</b>   | 8 |
| romaine, roasted garlic, lemon zest, egg free green caesar dressing                             |   |
| GF  |   |

## Organic Pizzas

|  |    |
|--|----|
| <b>Florida Margherita</b>  | 20 |
| pesto genovese, tomato, fresh mozzarella   |    |
| <b>Pepperoni</b>   | 22 |
| tomato sauce, mozzarella, beef pepperoni, mushrooms, chili flakes, balsamic reduction                |    |
| <b>Mediterranean</b>   | 20 |
| tomato sauce, mozzarella, roasted red pepper, kalamata olive, sun dried tomato, oregano              |    |
| <b>Vegan</b>   | 20 |
| tomato sauce, roasted garlic and red pepper, cherry tomato, red onion, kalamata olive, cashew cheese |    |
| V  |    |
| <b>Chicken Florentine</b>  | 24 |
| parmesan cream sauce, grilled chicken breast, sautéed spinach, red onion, chili flakes               |    |
| <b>Kids Cheese</b>   | 15 |
| tomato sauce, mozzarella   |    |

## Organic Main Courses

|   |    |
|---|----|
| <b>Elfriede's Famous Chicken Schnitzel</b>  | 23 |
| organic free-range chicken, celery puree, pickles, seasonal vegetables, lemon turmeric sauce                  |    |
| <b>Sliced Roast Beef w/ Au Jus</b>  | 24 |
| organic grass-fed free-range beef slow roasted in jus, potato parmesan rosti, focaccia, old fashioned mustard |    |
| <b>Chicken Curry</b>  | 21 |
| organic free-range chicken, aromatic spices, basmati rice, green peas, mango chutney sauce                    |    |
| GF, DF  |    |
| <b>Mushroom Risotto</b>   | 24 |
| cremini mushrooms, arborio rice, green peas, coconut cream, truffle oil                                       |    |
| GF, V   |    |

|  |    |
|--|----|
| <b>The Frank Burger</b>  | 22 |
| grass-fed free-range seasoned beef burger, caramelized onions, celery root puree, ketchup, old fashioned mustard |    |
| <b>Chateau Beef Royale</b>   | 35 |
| organic grass-fed free range sliced beef, celery root puree, seasonal vegetables, sautéed mushrooms, demi glaze  |    |
| GF   |    |
| <b>Beef Goulash</b>  | 22 |
| grass-fed beef, onions, Hungarian paprika served with focaccia and basmati rice                                  |    |
| <b>Beef Chili</b>  | 22 |
| grass-fed beef, tomato, kidney beans, cheese, sour cream, peppers, onion, served with focaccia                   |    |
| <b>Vegan Chili</b>   | 20 |
| tomato, kidney beans, cremini mushrooms, peppers, onion, served with focaccia                                    |    |

## Organic Pastas

|  |    |
|--|----|
| <b>Rigatoni Bolognese</b>  | 22 |
| beef ragù, house-made rigatoni, parmesan                                     |    |
| <b>Spaghetti Pomodoro</b>  | 18 |
| pomodoro sauce, garlic, oregano, basil                                       |    |
| V  |    |
| <b>Spaghetti Bolognese</b>   | 22 |
| beef ragu, spaghetti, parmesan   |    |
| V  |    |
| <b>Spinach Ricotta Ravioli</b>   | 20 |
| pomodoro sauce, parmesan, balsamic reduction                                 |    |
| <b>Homemade Gnocchi</b>  | 24 |
| parmesan cream sauce, mushrooms, sun dried tomatoes, green peas, truffle oil |    |

*Gluten free penne available*